


ALL STAR *Dance* *Family Reunion*

Warm Up with Phillip Farley

Each year Phillip Farley strives to make our early morning warm up classes not only helpful but interesting. This year he is upping the game by making each morning's workout technique dedicated to one of the specific styles we teach. Look below to see what exciting warmups he has planned for this year.



Warm Up with Phillip!

Get a great start to your dance day with Phillip Farley each morning at All Star Dance Camp! You'll stretch, get your body ready to move and your blood pumping. Even better, you'll learn exercise routines to use after camp that include tips for specific areas of focus!

Monday	Rock Your Rhythm
Tuesday	Strengthen Your Smooth
Wednesday	Move Country Style
Thursday	Isolations Club Mix

EVERY DAY AT 8:15 AM in Stardust Ballroom



If you have any questions, please e-mail Rubye Del Harden, our Camp Director at rubyedel@gmail.com. She loves to answer camp questions!